# Vivekananda Paathshala September 2024

"The purpose of education is to replace an empty mind with an open one."

- Malcolm Forbes





Vivekananda Paathshala continues to be an integral part of JKPS, conducting classes every Tuesday and Friday during stay-back hours. Throughout September, students engaged in various educational and interactive sessions aimed at fostering learning and community awareness.

### **Language Development: Nouns and Good Manners**

Students were taught the concept of nouns in both English and Hindi. They actively participated in class discussions, demonstrating their understanding by providing relevant examples and completing written exercises. Additionally, the topic of Good Manners was introduced, emphasizing everyday habits that contribute to personal hygiene and social interactions.





#### **Environmental Awareness: Pollution**

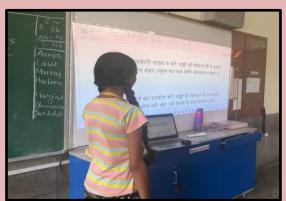
To sensitize students about environmental issues, a session was held on pollution, its types, causes, and effects. Students engaged in discussions about pollution control and committed to spreading awareness about maintaining a clean environment. This aligns with SDG Goal 13: Climate Action, promoting awareness and action toward environmental sustainability.





#### **Cyber Safety and Security**

A crucial lesson on cyber safety was conducted, where students learned about protecting personal information online, the importance of strong passwords, and recognizing safe online practices. This education empowers students to navigate the digital world responsibly, aligning with SDG Goal 4: Quality Education by equipping them with essential skills for their future.









## **Gender Awareness and Good Hygiene Practices**

Students explored the concept of gender in English and Hindi, demonstrating their comprehension through examples and written assignments. In conjunction, lessons on Good

Hygiene were provided, stressing daily habits like bathing, brushing teeth, and handwashing before meals. Students received snack packets to promote healthy eating.

#### Health and Hygiene: Rainy Season and Mosquito Prevention



A session on rainy season habits included discussions on preventing mosquito breeding. Students were advised on good practices, such as keeping nails trimmed and avoiding stagnant water. These lessons aim to improve health awareness, contributing to SDG Goal 3: Good Health and Well-Being.

#### **Fireless Cooking Competition**









A Fireless Cooking Competition was organised, allowing students to create dishes without fire. This activity encouraged creativity and promoted healthy eating habits. Students prepared a variety of dishes, sharing them with one another, fostering a sense of community and collaboration.

After the competition, students shared their prepared dishes with one another, turning the event into a delightful bonding experience. The joyful atmosphere, combined with the opportunity to share their creations, made the activity both fun and memorable for all involved.







# Extracurricular Activities: Drumming and Dance

Students participated in a drumming class led by volunteer students, introducing them to basic drumming techniques in a fun and engaging environment. Additionally, a dance

session allowed students to experience traditional folk dance, enhancing their appreciation for cultural arts and physical activity.





#### **Football Practice Session**

A thorough practice session was conducted, followed by an engaging football match. The children participated with great excitement and enthusiasm, showcasing their skills and teamwork on the field. The match provided them with an opportunity to apply what they had learned during practice, fostering a spirit of healthy competition and camaraderie. The energy and passion displayed by the students made the event a memorable and rewarding experience for all.





#### **Commitment to SDG Goals and Continuous Improvement**

Vivekananda Paathshala is dedicated to integrating Sustainable Development Goals (SDGs) into its curriculum, ensuring that students not only receive quality education but also learn the importance of empathy, community service, and health. The school continues to adapt and introduce new initiatives that promote holistic development, encouraging students to become responsible and informed citizens.

Through these varied activities and lessons, Vivekananda Paathshala is not only nurturing the academic growth of its students but also instilling in them the values of community service, awareness, and responsibility toward themselves and their environment.